Please note this is an EXAMPLE COMPETENCY FOR PRACTICE and is to serve as an educational and organizational resource only. **Please always follow the policies and procedures for your institution and practice. Please always follow treating physician's orders.**

Nursing Competency:Discharging Patient Home After Prostate HDR Brachytherapy

Through return demonstration in the clinical setting and evidence of daily work, the brachytherapy nurse in orientation will use this tool to obtain evaluation of the knowledge, skills, and abilities necessary to independently function as a registered nurse in the oncology (brachytherapy) service. The evaluator will validate competencies based on direct observation with attention to the orientee's consistency in demonstrating the competency.

Employee Name:
Date:

Assessment	Comment
Assessment 1. Demonstrates the ability to perform a physiological, psychosocial assessment on patient Nursing Diagnosis 2. Demonstrates the ability to identify nursing diagnoses based on assessment data Outcome 3. Demonstrates the ability to identify patient goals based on nursing diagnoses Planning 4. Demonstrates the ability to develop an individualized plan of care to achieve patient goals and outcomes	

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Interventions 5. Implements nursing actions based on plan of care, policies and procedures and professional nursing standards <u>Discharging prostate HDR brachytherapy patient</u> A. Verbal and written instructions will be provided to the patient at the time of prostate HDR brachytherapy completion B. All written instructions are reviewed with patient (and family member if patient requests they are present for instructions) a. Medication instructions b. Dietary instructions c. Activity restrictions d. Signs/symptoms of infection, bladder obstruction, hematuria C. Contact information is given in writing for during and after business hours for patients being discharged (including hospital paging operator for after-hours) D. Time is given to allow patient to answer any questions E. Physician comes to see patient prior to discharge F. Discharge orders are placed by physician G. Patients are discharged with a responsible adult to drive them home. a. They may not leave independently after procedures with anesthesia. b. They are not allowed to drive after receiving anesthesia. c. They are not allowed to take ride-share or public transportation. d. Staff member understands they are to notify physician if	

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there are any barriers to discharge e. Staff member understands discharge policies related to having responsible adult drive patient after anesthesia H. Understands that all lines/drains are to be removed prior to discharge unless physician orders are in for them to be left in place (urinary catheter, IV, etc) and documents removals correctly in EMR I. If a patient is to be discharged with a urinary catheter, communicate the follow-up plan for urinary catheter removal and voiding trial. a. Able to provide home care instructions for patients going home with bladder catheter J. The patient is discharged via wheelchair after anesthesia. a. Refusal to be discharged via wheelchair must be documented in EMR	

Employee Name (Printed): _____ Date: _____

Employee Signature: _____ Date: _____

Supervisor or Trainer Signature: _____ Date: _____