





This meant to serve as an EXAMPLE TIP SHEET FOR NURSING. Please always follow the policies and procedures for your institution and practice. Please always follow the treating physician's orders.

## Guide for Turning Patient with Pelvic HDR Brachytherapy Implant

<b>Lateral Position - Step 1:</b> <ul style="list-style-type: none"><li>• Pt bends knees up and plants heels on bed</li><li>• Pillow placed length-wise between legs</li><li>• Ensure pillow is not touching implant</li></ul>	<b>Lateral Position - Step 2:</b> <ul style="list-style-type: none"><li>• Pt turns slowly to the desired side</li><li>• Ensure patient turns shoulders and knees in unison (avoid twisting in torso)</li><li>• Pillow remains length-wise between legs</li></ul>
	
<b>Lateral Position - Step 3:</b> <ul style="list-style-type: none"><li>• Pt allowed to be fully on side</li><li>• Pillow remains length-wise between legs</li><li>• Ensure nothing is touching the implant</li><li>• Pillows behind back for added support (optional)</li></ul>	<b>Supine Position</b> <ul style="list-style-type: none"><li>• Reverse Steps 1-3</li><li>• Pt legs must be on 1-2 pillows each when supine</li><li>• Ensure implant is not being forced into mattress</li><li>• Ensure pillows are not pushed up against implant</li><li>• Legs may NOT be flat on the bed when supine</li></ul>
	

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